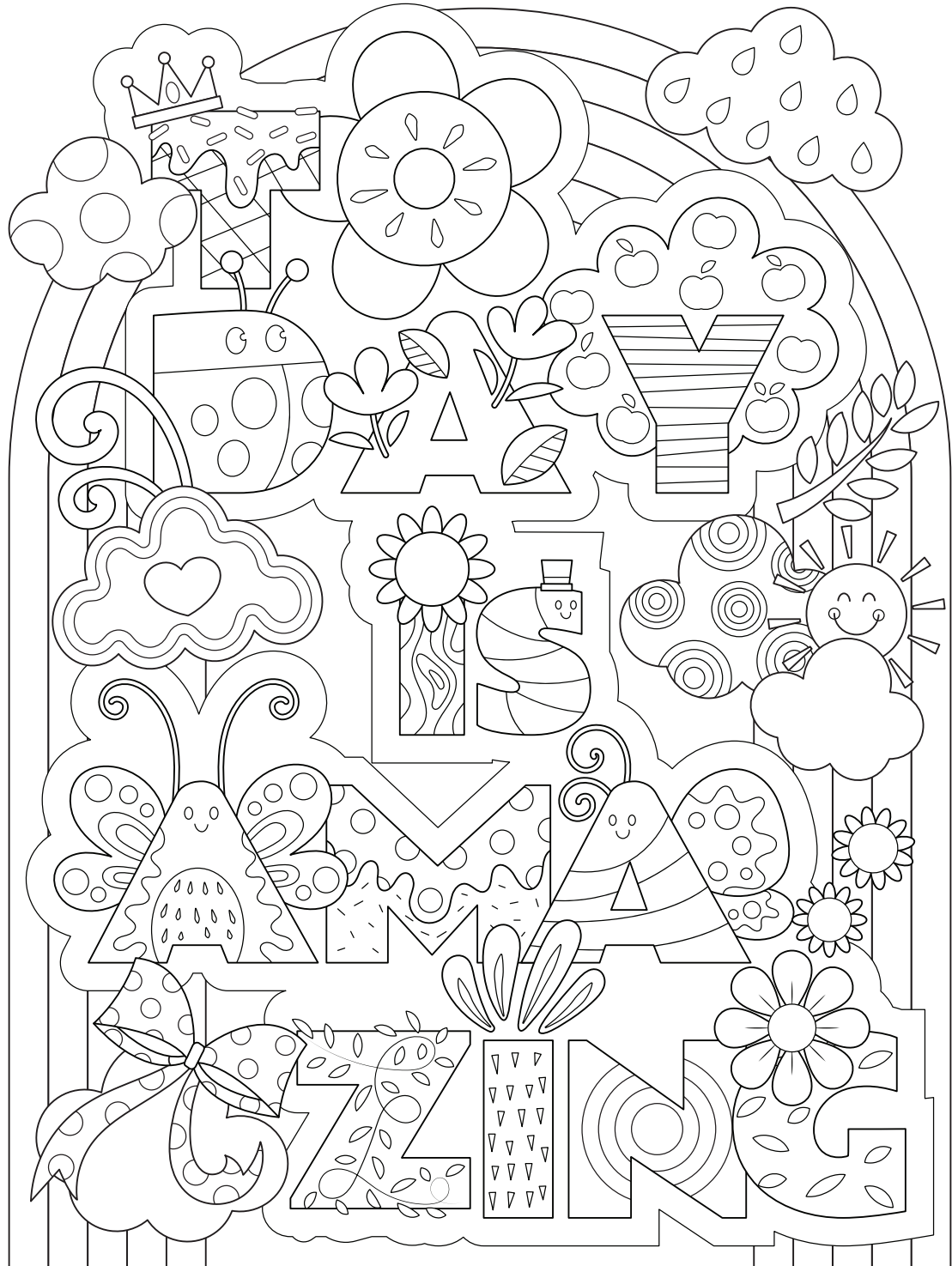
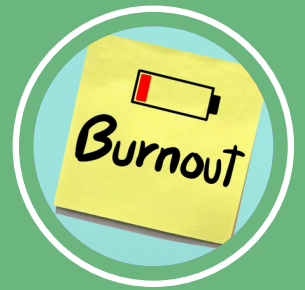


Activity - Colouring pens at the ready!

All you need are a few colouring pens and a nice quiet spot and you're away! Try this exercise to help you take a break, relax and focus your thoughts on colour and design.



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